



“Countries who relatively have the strongest health systems have been actually surprised by this pandemic. It shows that any system could have gaps and we should have the humility to see to what extent our system is prepared and where are the gaps and how can we improve it for the future.” - Dr. Tedros Adhanom Ghebreyesus

Highlight

- A total of 106,419 (3,088 today) confirmed cases from 22 countries in the East Mediterranean Region and total deaths are at 5,364 (113 today).
- As part of its response to the COVID-19 outbreak, WHO has activated its R&D Blueprint initiative to accelerate the development of diagnostics, vaccines and therapeutics for the new coronavirus.
- WHO Health Alert service is now available @Facebook @messenger <https://m.me/who>. This service gives you the latest health information and guidance to keep you safe from the #coronavirus.
- Lebanon is still in level 3 of COVID 19 transmission scenarios “Lebanon is experiencing cases clusters in time, geographic location and/or common exposure (Clusters of cases)”.
- Currently, **122** COVID-19 cases have been reported as recovered by hospitals; this number might however underestimate the true number of recoveries in self-isolation.
- A total of 911 tests performed today. The breakdown is as follows:
 - 527 residents 7 tested positive (1.3%)
 - 384 expatriates 2 tested positive (0.52%)

Global update

as per [WHO dashboard](#) 14 April 2020 at 6pm

| | |
|---|---------------------------|
| Globally cases | 1,844,863 (77,274 new) |
| Countries, areas or territories with cases | 209 countries (0 new) |
| Total deaths | 111,652 (5,369 new) |
| Confirmed cases in China | 83,696 (99 new) |
| Confirmed cases in USA | 553,822 (29,308) |
| Confirmed cases in Spain | 169,496 (3,477) |
| Confirmed cases in Italy | 159,516 (3,153) |
| WHO RISK ASSESSMENT Global Level - Very High | |

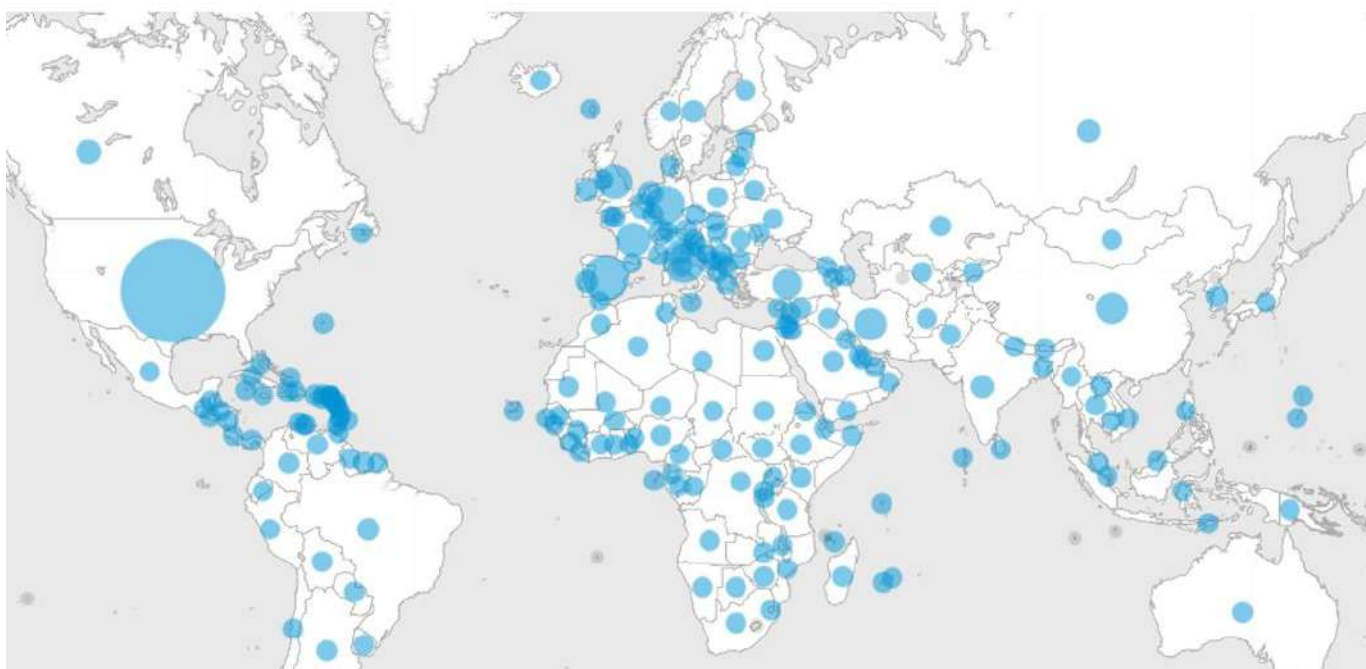


Figure 1. Countries, territories or areas with reported confirmed cases of COVID-19, 14 April 2020 WHO sitrep

Distribution of COVID-19 cases as reported by the Epidemiological Surveillance Unit at the MOPH dashboard at 4pm

COVID-19 Surveillance in Lebanon

14 APRIL 2020 UPDATE

Figure 1: Cases by age group

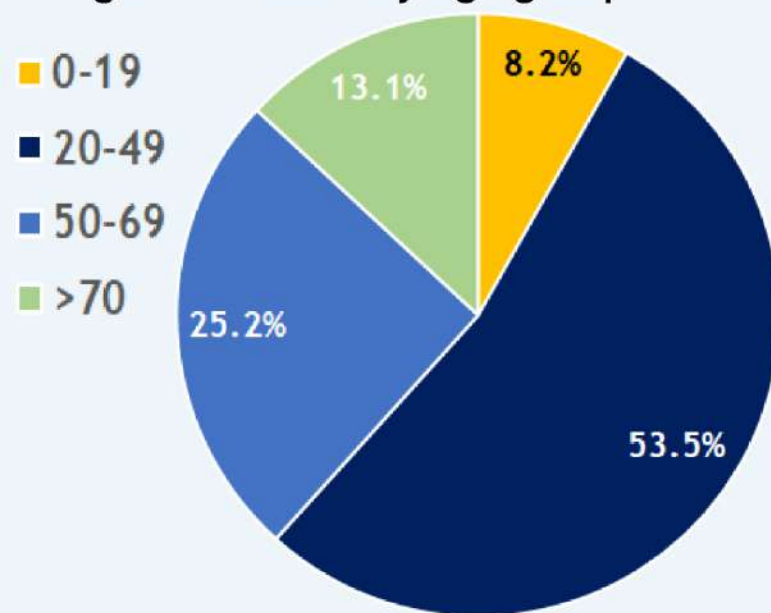


Figure 2: Cases by source of exposure



Figure 3: Cases by clinical presentation

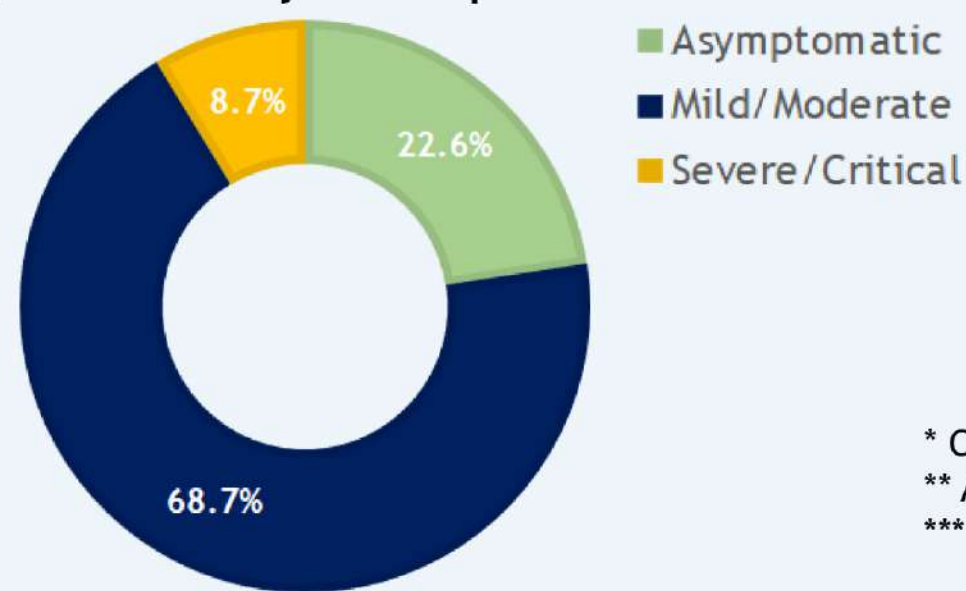
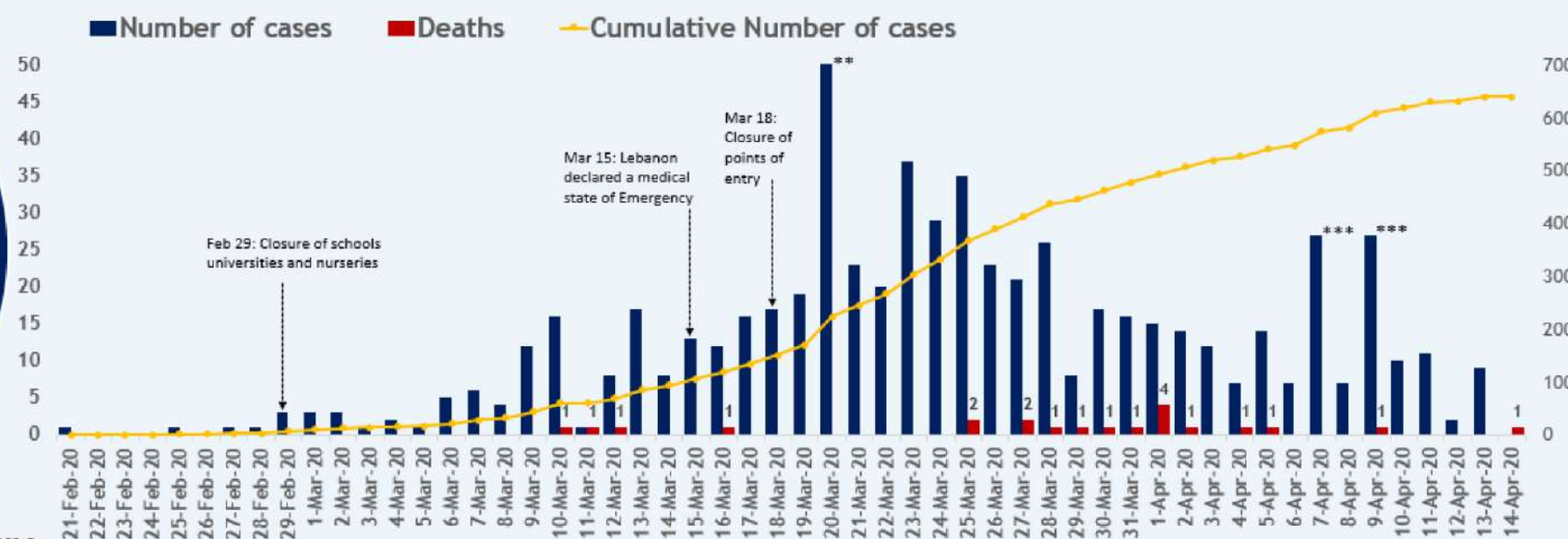


Figure 4: Cases by date of confirmation



641 Cumulative cases of COVID-19

- 9 new cases
- 50 healthcare workers
- 21 associated deaths

Call center:

- 5536 Cumulative calls received
- 384 referred to RHUH

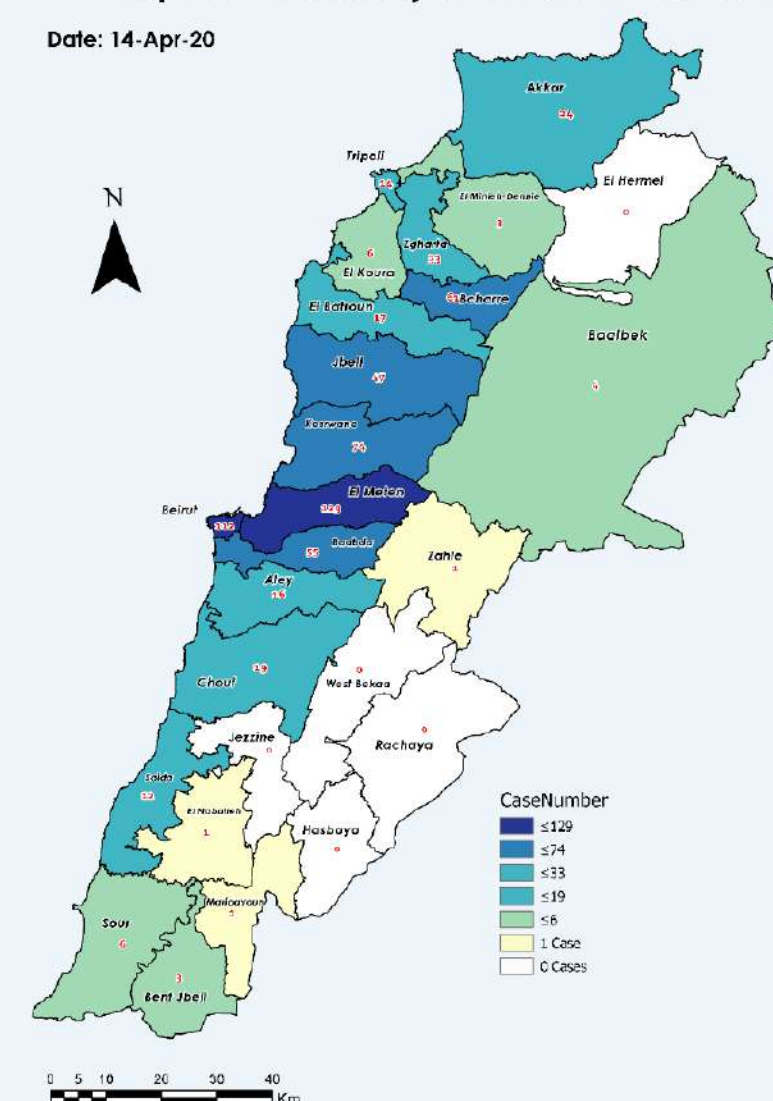
Table 1: Distribution of fatalities by age group

| Age (years) | Deaths (n) | CFR |
|--------------|------------|-------------|
| <10y | 0 | 0.0% |
| 10-19y | 0 | 0.0% |
| 20-29y | 0 | 0.0% |
| 30-39y | 0 | 0.0% |
| 40-49y | 1 | 1.1% |
| 50-59y | 4 | 4.2% |
| 60-69y | 3 | 4.6% |
| 70-79y | 7 | 14.6% |
| 80+y | 6 | 17.6% |
| Total | 21 | 3.3% |

* Cases under investigation have not yet been classified by exposure
** Addition of new reporting laboratories
*** Massive testing of repatriates

Map 1 : Cases by district of residence

Date: 14-Apr-20



Team leaders or managers in health facilities

Since the start COVID-19 pandemic, many countries' main focus has turned to the healthcare workers and their role in fighting this disease. Many around the world have cheered them on and others have offered to help them and support them, in an effort to make their hard and very stressful job more bearable. The leaders and managers of this group of people have an essential role to play in easing the tension and eventual burn-out from the stress.

WHO set out to advise the team leaders or managers in health facilities on how to make it easier to bear the brunt of healthcare work during the COVID-19 outbreak.



What team leaders or managers in health facilities can do to protect health care workers

- Rotate workers from high-stress to lower-stress functions: Partner inexperienced workers with their more experienced colleagues. The buddy system helps to provide support, monitor stress and reinforce safety procedures.
- Keeping all staff protected from chronic stress and poor mental health during COVID-19 response means that they will have a better capacity to fulfill their roles.
- Facilitate access to, and ensure staff are aware of where they can access mental health and psychological support services.
- Ensure availability of essential, generic psychological medications at all levels of health care. People living with long-term mental health conditions or epileptic seizures will need uninterrupted access to their medication, and sudden discontinuation should be avoided.

Staff Management at health care facilities should:

- Provide psychosocial support to health workers during quarantine, or duration of illness if a health workers becomes a confirmed COVID-19 case;
- Provide compensation for the period of quarantine and for the duration of illness (if not on a monthly salary) or contract extension for duration of quarantine/illness;
- Refresher infection prevention and control training for the health care facility staff, including health workers at high risk for infection once he/she returns to work at the end of the 14-day period.
- Train all frontline workers (including nurses, ambulance drivers, volunteers, case identifiers, teachers and other community leaders), including workers in quarantine sites, on essential psychosocial care principles, psychological first aid and how to make referrals when needed.
- COVID-19 treatment and isolation/ quarantine sites should include trained Mental health and psychosocial support staff. Online trainings might be used if it is not possible to bring staff together due to infection risks.



- Training in psychological first aid can benefit leaders/managers and workers in having the skills to provide the necessary support to colleagues.

WHO Guides

- Psychological first aid: Facilitator's manual for orienting field workers. [Click here](#)
- The COVID-19 risk communication package for healthcare facilities. [Click here](#)

| Useful Links | Important numbers | |
|---|--|---|
| <ul style="list-style-type: none">➤ WHO real time dashboard➤ WHO COVID-19 page➤ Protect yourself (English/Arabic)➤ Q&A (English/Arabic)➤ WHO Lebanon website➤ WHO Lebanon Facebook Twitter Instagram | <ul style="list-style-type: none">➤ MOPH Hotline 1214➤ Airport quarantine section 01-629352➤ Preventive medicine center 01-843769 01830300 | <ul style="list-style-type: none">➤ Call Centre 01-594459➤ Preventive medicine center 01-843769 01-830300➤ Epidemiological Surveillance Unit 01-614194 01-614196 |
| For more information Hala Habib Communication Consultant +961 3 870459 | | |